



CODE OF CONDUCT / INTERNAL REGULATIONS

In order for our Club to function properly, clear agreements on and off ice are indispensable. Chiefs Leuven considers education of paramount importance. Every member of our club contributes to the positive image of ice hockey in general and of our club in particular. His/her attitude, behavior and statements may not damage the image and proper functioning of the Club.

That is why we always expect sportive and correct behavior from our members, players, coaches, supervisors and parents.

On this basis, the Club reserves the right to refuse membership, aspirants or former members in the interests of the Club and of the good understanding among its members. By subscribing to a membership, each acceding member and/or his/her parents or guardians agree with the internal regulations, which are available for inspection at the Club secretariat and/or on the website www.chiefsleuven.be.

1. PUNCTUALITY

As a rule, coaches and/or team managers will tell you when and where you will be expected the next weekend for the match to be played during the last week training session.

During training, the player is present in the dressing room no later than 30 minutes before the start. At home and away matches no later than 1 hour before warm-up of the game. The journeys are usually made with private vehicles. Therefore, an urgent appeal to all parents: do as much carpooling as possible.

If the player is unable to be present for the training or competition due to illness or other circumstances, he will inform his team manager or coach in time. Players may only go on the ice after permission from the coach or trainer.

Outside the official training and competition hours, ice hockey equipment may not be used on the ice.

Parents are not allowed to enter the changing rooms unless the team manager or coach asks them to assist in the changing room.

Parents are also asked not to remain downstairs during the training sessions, this in order not to distract the players unnecessarily.

2. HYGIENE IN THE DRESSING ROOMS

After each training or competition, players have the opportunity to take a shower. The use of bath slippers is recommended.

Always ensure sufficient dry clothing and toilet supplies. Pay the necessary attention to body care. The dressing room is always left tidy, even at away games and tournaments! Respect the properties of your hosts.

The organization of clearing the lockers is under the responsibility of the team supervisors. The team supervisors are asked to control on this.

3. EQUIPMENT

To take part in training and competitions, the following equipment is required:



- a black, approved helmet with legal visor according to age
- a neck protector!
- elbow pads, shoulder pads, leg protectors
- a protective black pants, tok, shirt, stockings and gloves
- an official ice hockey stick and well-cut skates

Always wear it for your own safety. Only then are you in line with the insurance (additional insurance on your regular health insurance).

Coaches and team managers supervise the conformity of the equipment of the players.

No jewelry (watch, necklace, bracelets, piercings, earrings, etc.) are worn during training or competitions. The chance of injuries due to these attributes is real.

The Club offers competition shirts for official matches. These will be handed over in an orderly manner to the material master or supervisor at the end of the competition. Each player purchases his stockings - in team colors - himself and brings them for each match. Each player is responsible for the material with which he plays. Check regularly and replace small, damaged or broken parts in time. Treat your own equipment and the competition shirts of the Club with respect!

4. CARE AND NUTRITION

Smoking, alcohol and drugs have a harmful effect on the physical condition and on the sporting performance. These are therefore prohibited under penalty of exclusion in the vicinity of the ice rink and in the changing rooms (see disciplinary measures).

This measure applies to everyone: players, team counselors, coaches, parents, refs. If the use of drugs is proved - through regular urine tests by the services of the Flemish Community - the consequences will be particularly serious, even a judicial investigation is not excluded. Moreover, there will always be a suspension by the higher sports bodies being RBIHF and IIHF.

A good and sufficient night's rest is indispensable. A restrained body and a clear mind lead to the best performance.

It is recommended to use a healthy and light meal for a competition or training. Better not to use carbonated drinks just before a game or practice.

5. DISCARD MEASURES

The Club expects players, parents and family to behave respectfully towards trainers, deputies, board members, referees, fellow players, opponents and audiences. Attitude, appearance and clothing should never be offensive. Coarseness will not be tolerated. In the event of misconduct inside or outside the Club, the Club leadership can impose a disciplinary penalty after consulting the trainer, coach and team manager.

The pronounced punishments range from exclusion from training, competition and even to definitive exclusion from the Club. Theft of equipment or personal belongings of others means immediate removal from the Club.

Appearance on a training or competition while under the influence (of alcohol or drugs) means direct removal from the Club. Suspension or definitive exclusion does not constitute a return of the membership fee.



6. GENERAL INFORMATION

All information regarding the weekly program, changes in training or competition hours, appointments, tournaments, contributions, etc. is available from your team manager, coach and / or trainer and on the club website www.chiefsleuven.be.

Paying membership fees guarantees you:

- ◆ Membership at Ice Hockey Club Leuven;
- ◆ Right to attend the planned training, except in case of penalty of the Club;
- ◆ Insurance against accidents in the context of club activities (additional insurance on your health insurance).

Paying membership fees does not include the right to participate in competitions. The weekly selection and formation of a team is done by coach, trainer and team manager on the basis of performance, progress, behavior and commitment during the training sessions.

The selections are made in good conscience and always in the interest of the team.

If necessary, members and prospective members can be subject to a proficiency test to assess their skating skills. These members can be referred to additional training sessions.

7. PROCEDURE ACCIDENT INVALIDATION

In the event of an accident during a training or competition, you should inform the club secretariat as soon as possible to assist you in fulfilling all formalities for insurance and federation.

After a serious illness or injury, a written permission must be submitted that the player in question is able to resume training and / or matches (form signed by doctor and / or parent (s)).

8. STUDY AND HOCKEY

The combination of study hockey is perfectly possible provided a judicious study plan. She is also commendable for a healthy and balanced upbringing: "a healthy mind in a healthy body".

Ice Hockey Club Leuven states that: "the study always has priority over hockey". In case a player has to be absent due to school commitments at a training or competition, he must report this to his trainer or team representative. This will show all understanding for this.

9. CONTRACT WITH PARENTS

Ice Hockey Club Leuven expects at all times from parents and family a positive attitude towards the Club and its framework at all levels. Problems are never discussed during or for training and competitions, but afterwards.

Team managers and coaches will certainly assist you. It is in the interest of the player that he/she learns to stand up for himself and that he learns to accept decisions, even if they do not immediately appear to be in his or her favor. If there are any questions, you can still contact the club board.

At the beginning of each new hockey season, an information session takes place in which the general training vision of the Club is discussed and where there is the possibility to make specific agreements per team.



Chiefs Leuven also expects a certain commitment from parents within the Club and team activities. Activities are also regularly organized on top of the daily operations, to which you, as a parent, can make an important contribution.

Do not be shy, and by giving your voluntary commitment set a good example to your own child (ren) and to other parents and club members. Your active support is particularly important for the proper functioning of our Club and is highly appreciated. Questions, proposals, initiatives: team managers and club directors will always assist you with advice and action.

10. EVALUATIONS

There are 3 general evaluations per season, based on training and match ratings:

1. End of September: internal evaluation with trainers & coordinators
2. End of December: evaluation that is discussed with the player
3. In early May: parent contact in which an evaluation of the past season is created and the outlook for the new season increases discussed.

11. TIPS

- ◆ Make sure your child always takes sufficient rest.
- ◆ Support them with lesser performances, and put them in a good position.
- ◆ Visiting as many matches as possible is certainly an encouragement for the player. Leave the coaching to the trainer!
- ◆ Always measure yourself as an example for your child, this includes a sporting attitude towards referees, fellow players, opponents, ... even after a lost game.
- ◆ Parents' interventions are not tolerated during the match unless on question from the coach or team manager. Parents are not allowed to come on the ice during competitions, even in the event of accidents or incidents.
- ◆ During the trainings the parents are not at the ice rink, but go to the restaurant to let the trainers do their work in peace.
- ◆ The handing over of refreshments during the rest periods to your son/daughter is strongly discouraged (team spirit!), Unless they are intended for the entire team. You can hand this over to the coach or team manager before the match.
- ◆ Please plan as few vacations as possible during training sessions competition periods.
- ◆ All players are expected on the season preparation.

These terms of reference are binding for each member and can never be made by third parties challenged.

This English version is purely informative. The Dutch version is the only valid version, which will be referred to during consultation.

ICE HOCKEY CLUB LEUVEN

Member of the Royal Belgian Ice Hockey Federation



12. CONTACT PERSONS ICE HOCKEY CLUB LEUVEN

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